ABSTRACT

A disposable absorbent article comprising a chassis comprising a liquid pervious topsheet, a liquid impervious backsheet joined with the topsheet, and an absorbent core interposed between the topsheet and backsheet; at least one sidewall adjacently disposed to the chassis; and at least one handle assisting in the application of the article onto a wearer. Preferred embodiments of the said handle include flaps, tabs, ridges, improved surface characteristics, apertures, loops, and combinations thereof. A toilet training kit comprising the article in the form of a training pant and an instruction to the caregiver for transitioning the infant to proper toilet use. A kit comprising more than one absorbent article wherein the article is positioned within said kit such that the handle is readily accessible.